



Troop XV Campout Camp Constantin May 15 – 17, 2009



Departure: Friday afternoon, 5:00 p.m., May 15 from the Exxon parking lot at Lamberth & FM 1417 in Sherman. All 1st year scouts need to report by 4:30 p.m. for a camping gear check. Wear your field uniform shirt over your Troop XV t-shirt for travel, flag ceremonies, dinner, flag retirement, and worship service. Remember, no non-scout related apparel is permitted on Troop XV outings.

Arrival: Camp Constantin in Graford, Texas on Possum Kingdom Lake. About 142 miles from Sherman.

Friday dinner: Eat before we leave. Patrols will have crackerbarrel after we setup camp. We will make a pit stop along the way.

Saturday breakfast: Reveille is at 6:30. Breakfast must be cooked, eaten, and dishes washed by the flag ceremony at 8:45. First year Scouts will be cooking their breakfast individually over an open fire. We will begin our morning activities after the flag ceremony.

Saturday lunch: In our campsite from 12:00 - 1:00. Afternoon activities will take place after lunch.

Saturday evening: A troop crackerbarrel will follow the campfire.

Sunday breakfast: As usual, plan on a no-cook breakfast (bagels, donuts, etc.). After a brief interfaith worship service, we should be ready to leave Camp Constantin by 9:00 a.m. Arrival back in Sherman around 12:00 p.m.

- ALL patrols, please organize your personal gear, tents, food, transportation and duty roster.

*Questions?? Contact your patrol leader or SPL.
Camp Constantin Emergency Phone #: (940)779-2131
Mr. Thompson's Cell Phone #: (903)815-8216*



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Eagle Patrol (plus any other 1st year scout)

Skill:	Basic Cooking (Scout Handbook, chapter 10)
Saturday breakfast:	Eggs with bacon, ham, or sausage; pancakes; or french toast toast or tortillas; fruit
Saturday lunch:	Sandwich fixings (assembled at camp) chips or crackers or pretzels
Saturday dinner:	Patrol planned and cooked meal
Sunday breakfast:	“no-cook” bread or bagels or toaster pastries

We plan to have each scout cook his breakfast separately on his own small fire to teach basic skills of fire-building and cooking (Scout Handbook, chapter 10). At dinner, scouts may use either a stove from the troop trailer or charcoal. We will practice camp cooking clean-up too!

EACH SCOUT MUST BRING:

1. Food for himself for Saturday breakfast plus any patrol food assigned for lunch, dinner or Sunday breakfast in a small cooler (menu above). Freeze any food items you can to keep them extra-cool. Try freezing water in a clean, plastic milk jug. Use this as a block of ice instead of loose ice in your cooler.
2. Mess kit (small frying pan, small pot, and reusable plate, knife, fork, spoon, and cup).
3. Insect repellent, sunscreen.
4. Personal first aid kit (especially any prescription medicine).
5. Scouts must work with their patrol members to arrange transportation, tents, and tent-mates.
6. Sleeping bag or blanket, air mattress or foam pad, and pillow (scouts will be sleeping in their own tents).
7. Change of clothes.
8. Poncho or rain jacket, Troop XV cap, swimsuit, water shoes (no sandals).
9. Windbreaker or Troop XV sweatshirt.
10. Clean shorts and T-shirt to sleep in.
11. Toothbrush, toothpaste, small towel, and soap.
12. Flashlight or headlamp (small size is handiest).
13. Don't forget fuel for your fire (dryer lint).